



For more information, Please visit [www.diabetes.org](http://www.diabetes.org)

## Type 1

---



Type 1 diabetes is usually diagnosed in children and young adults, and was previously known as juvenile diabetes. In type 1 diabetes, the body does not produce insulin. Insulin is a hormone that is needed to convert sugar, starches and other food into energy needed for daily life. Only 5-10% of people with diabetes have this form of the disease. With the help of insulin therapy and other treatments, even young children with type 1 diabetes can learn to manage their condition and live long, healthy, happy lives.

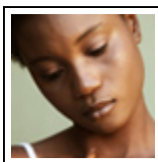
---

### Diabetes Statistics



There are 23.6 million people in the United States, or 8% of the population, who have diabetes.

### Complications



Learn how to cope with health issues related to your diabetes.

### Treatment & Care



Stay one step ahead of your diabetes with these treatment strategies.

## Recently Diagnosed



Get the information and support you need during the early weeks and months after your diagnosis.

## For Parents & Kids



Help young diabetics manage their care and stay healthy.

## Blood Glucose Control



Learn how to monitor your blood glucose (sugar) with the latest tools.

## Medication



Get more information about types of medications and how they work.

## A1C



Get an overall picture of your average blood glucose for the past two to three months.

## Genetics of Diabetes



Find out what leads to diabetes and the genetic links that may be factors.

---

American Diabetes Association 1701 North Beauregard Street Alexandria, VA 22311 1-800-DIABETES  
Copyright 1995-2009, ADA. All rights reserved